



Practice Administrator
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Oral Surgery Pre-Operative Care Instructions

- If you are being sedated (going to sleep) for an oral surgery procedure, **you may not eat or drink anything after midnight on the night before surgery.**
- **If you take regular morning medicines, please let your doctor know before surgery.** Often we will have you take these medicines with a sip of water on the morning of surgery.
- Please **avoid smoking** for at least 12 hours prior to surgery.
- Do not take Aspirin for 10 days prior to surgery.
- **Please bring an adult escort with you on the day of surgery.** Your escort should remain in our office until it is time for you to go home. This person will be responsible for driving you home after surgery and assisting you with picking up your prescriptions.
- Please let our receptionist know the name and phone number of your pharmacy upon your arrival on the day of surgery. We will call in your prescriptions to your pharmacy prior to your departure so that they are ready for you.
- Please wear loose fitting clothing on the day of surgery and avoid wearing jewelry.
- Please avoid colored nail polish because it interferes with our oxygen monitoring devices.
- If you have asthma, **please bring your inhaler on the day of surgery.**
- Avoid alcoholic beverages for 24 hours prior to surgery.
- Please arrive at least 30 minutes before your scheduled procedure time on the day of surgery. Often times we run ahead of schedule.
- Please ask your surgeon any questions you want regarding the anesthesia or surgical procedures planned for you. It is your right to know!

If you have internet access at home, please view the following videos for your education:

- "About Wisdom Teeth": <http://www.pbhs.com/video/wisomdone.ram>
- "About Preprosthetic Surgery": <http://www.pbhs.com/video/preprosdone.ram>
- About Implant Surgery": <http://www.pbhs.com/video/dentalimplantdone.ram>